

Central East Regional Cancer Program Ontario Health (Cancer Care Ontario)

How to take Sucralfate Suspension Plus

This handout offers information on how to take Sucralfate Suspension Plus. This medication is prescribed for you by the radiation oncologist. Radiation therapy to your chest area may cause you to have a sore throat and difficulty swallowing. You may also feel like you have heartburn. Taking Sucralfate Suspension Plus makes it more comfortable for you to swallow if taken the right way. This medication works by creating a protective barrier or 'coating' in your throat and esophagus.

Taking Sucralfate Suspension Plus

Start taking Sucralfate Suspension Plus on the day of your first radiation treatment. Take it every day during your radiation treatments and for 2 weeks after your treatments are finished.

Take <u>1 teaspoon</u> of Sucralfate Suspension Plus:

- 15 minutes before you eat breakfast, lunch and dinner And
- Before you go to bed.

Missing a dose does not have any effect on your radiation treatments. It is important you take the next dose as it is prescribed for you (as directed above).

Directions on the bottle may tell you to "take an hour before you eat on an empty stomach". When taken this way, the medication only coats your stomach and not your throat or esophagus. This is why we want you to take it <u>15 minutes before you eat</u>.

The radiation oncologist has prescribed enough of the medication to last you for 90 days. Your pharmacy may give it to you in one very large bottle or several smaller bottles.

Talk to a member of your healthcare team if you have questions or do not understand any information in this handout.

Last reviewed: March 2025