



Having a Prostate Biopsy

This handout offers information on how you need to prepare for your prostate biopsy appointment.

1. If you take a blood thinning medication

Ask your urologist or the nurse about stopping these medications before your biopsy appointment.

2. Do not take any anti-inflammatory medications for 2 days before your biopsy appointment.

3. Take the antibiotic medication the urologist prescribed for you:

- The evening before your prostate biopsy appointment.
- Until you finish taking all it.

4. Buy 2 fleet enema kits from your pharmacy. Give yourself the 2 enemas 1 to 2 hours before your prostate biopsy appointment. The kit will tell you how to give yourself an enema. The enemas clean out your rectum to make it easier for the urologist to do your biopsy. Having a clean rectum will also reduce your risk of getting an infection.

5. Eat your normal breakfast or lunch before your prostate biopsy appointment.

6. You can drive yourself to and from your prostate biopsy appointment. You will be at this appointment for about 20 to 30 minutes.

Talk to your doctor or nurse if you have questions about any of the information in this handout.