

# Welcome to Lakeridge Gardens!

## What You Need to Know:



905-428-5201

### 1 Food Services

Grab and Go locations available at the  
Ajax Pickering Hospital  
Monday to Friday, 8:00 a.m. to 3:00 p.m.  
Ground Floor, E Wing

### 2 Parking

Use your ID badge to park in the lots or  
parking garage.  
For inquiries, email: [lh@reefparking.com](mailto:lh@reefparking.com).

### 3 ID Badge

Obtain your ID badge by scheduling an  
appointment with Security. For questions,  
contact: [photoid@lh.ca](mailto:photoid@lh.ca). You must bring a  
copy of your offer letter.

### 4 Intranet

Visit Lakeridge Health's intranet, OASIS,  
at <https://lakeridgehealth.sharepoint.com/>  
using your Lakeridge Health credentials to  
locate policies, procedures, and more!

## Human Resources

Location: Oshawa Hospital  
McLaughlin Hall

Hours: Monday to Friday  
8:00 a.m. to 4:00 p.m.

Contact: [askhr@lh.ca](mailto:askhr@lh.ca)  
905-576-8711, extension 34655

## Occupational Health and Safety

Location: Oshawa Hospital  
G Wing, Basement Level 1

Hours: Monday to Friday  
8:00 a.m. to 4:00 p.m.

Contact: [ohnurses@lh.ca](mailto:ohnurses@lh.ca)  
905-576-8711, extension 33710

## Employee Assistance Program

A free, confidential counselling and referral  
service available 24/7/365, to employees and  
their family members (within your household).

Call: 1-855-824-9752  
Visit: [guidanceresources.com](http://guidanceresources.com)  
Web ID: EAP4LH

## Accessing Your Email

### Internal access:

Use the office web app on any Lakeridge Health  
computer to access your email. Access will be  
provided by your hiring leader on your first week.

### External Access:

Visit [lh.ca/ForStaff/StaffResources](http://lh.ca/ForStaff/StaffResources).